



# Mulvane Grade School Newsletter

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November 2022

## **Capturing Kids' Hearts: Teamwork: Better Together**

### **What is Teamwork?**

“Teamwork is the ability to work in unity with others towards a common goal. For us to learn how to become team players, it is important that we learn to listen, encourage our peers, and allow and invite others to contribute their talents and skills.”

### **Why Focus on Teamwork?**

- "Teamwork improves communication: Teamwork helps us improve our verbal and non-verbal communication skills, conveying that we care and a relevant message."
- "Teamwork builds interpersonal awareness: Growing a great team requires us to first build strong relationships through better understanding ourselves and others."
- "Teamwork celebrates diversity. Teamwork thrives from diverse ideas that come from a mixture of different genders, cultures, expertise, experiences, and problem-solving approaches."

## **Upcoming Events:**

- **Nov 11: Veteran's Day**
- **Nov 16th: Thanksgiving Lunch (More info to come)**
- **November 18th: Capture the Turkey**
- **Nov 21st - 25th (No School - Thanksgiving Break)**

# Watch D.O.G.S. Program

Who are WatchDOGS (Dads Of Great Students)?

WatchDOGS are fathers, grandfathers, uncles, and other father-figures who volunteer for at least one day each year at an official WATCH D.O.G.S. ® school. During the day, WatchDOGS may read and work on flash cards with students, play at recess, eat lunch with students, watch the school entrances and hallways, assist with traffic flow and any other assigned activities where they actively engage with not only their own students, but other students as well.



**\*\*Program has begun! Please message your students teacher if interested in being a Watch Dog.\*\***

## Mrs. Miller's Counselor Corner

### Rude vs. Mean vs. Bullying Behaviors

None of these behaviors, when they happen to us, are pleasant. They can also be hard to tell apart. The end of October through early November, MGS students will spend time reviewing and learning the difference between these three behaviors. Rude behaviors are inconsiderate, thoughtless or unintentional behaviors that can hurt another person's feelings. Mean behaviors include intentional hurtful actions or words that are done once or twice. Often, these occur in anger and the person who does or says them regrets it later. Bullying behaviors are intentional, harmful actions or words that are repeated and hurt or control others.

This week, students will also review what to do if they are a target or bystander of any of these behaviors and state what they can do to stop bullying behaviors. We will have the opportunity to perform kind acts for others and will make a display of positive messages. Be looking for the display in the glass hallway between the main school and the gym.

## Kansas-A Friend AsKS App



KSDE is assisting the Kansas Attorney General's Office in spreading the word about a new mobile app aimed at suicide prevention. The app is in collaboration with the Jason Foundation.

The app can be downloaded for free from both the Google Play Store and the Apple App Store. It can also be accessed through the youth suicide prevention website:

[www.ag.ks.gov/asKS](http://www.ag.ks.gov/asKS)



# Better Together

Work together to reach a goal.

*This month we're challenging students to work together toward a common goal and shared purpose. We are partnering with you to grow and develop teamwork in your child. We can do this by modeling gratefulness, acknowledging positive moments, and affirming each other. Use this month's activities to practice working together and celebrate your family as a team.*

## 1 ENGAGE: Grateful for you

I am grateful for you! Create a culture of appreciation and gratitude at home by celebrating the best in each family member all month. What you give attention to grows! On a sticky note or small piece of paper, write one thing you appreciate each day about your child and post it on their bedroom door. Doing this will plant seeds in their heads and hearts to help them see good things about themselves.



## 2 EMPOWER: Walk in My Shoes

Create a culture of appreciation and gratitude at home by celebrating the best in each family member. Have every family member trace one of their shoes, then trade drawings and write three words you admire about that family member on their "shoe." Discuss how each family member brings something great to your family team.



## 3 EXCEL: Pay it Forward

When someone does something nice for you, do something nice for someone else. Doing this is a wonderful way to continue the cycle of gratitude. "Paying it forward" is a way of showing love and kindness to others. It could be something as simple as holding the door open for someone or buying coffee for a stranger. Once a week, share as a family one time you "paid it forward" during the week.



## Conversation Starters

♥ What is the best affirmation or compliment someone has ever given you?

♥ What are some things we are lucky to have but sometimes find ourselves complaining about?

♥ What is your favorite family memory?